



RAISING HIGHLY CAPABLE KIDS™ PROGRAM EVALUATION PUBLIC INFORMATION BRIEF

This Public Information Brief presents selected findings from the August 2015 RMC Research report, based on data collected during Fall 2014 - Spring 2015.

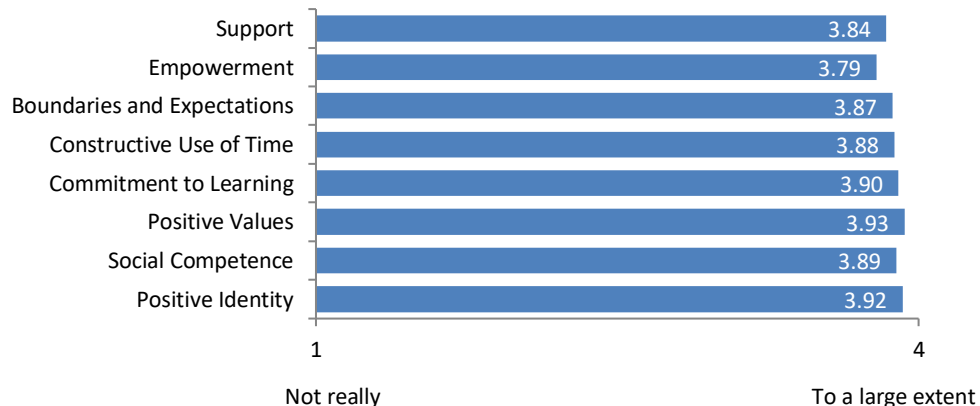
THE RAISING HIGHLY CAPABLE KIDS™ PROGRAM

Resilient Kidz™, is a 501 c3 organization that has developed a 13-week parent program to help parents raise healthy, caring, and responsible children. The program, Raising Highly Capable Kids™ teaches parents about the Search Institute’s 40 Developmental Assets in the categories of Supporting Children, Empowerment, Setting Boundaries and Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social Competence, and Positive Identity. Parents listen to presentations, hold discussions, and engage in activities to help them apply what they learn in their own homes. Raising Highly Capable Kids™ is being implemented in 32 communities across nine states.

RMC Research Corporation conducted an external evaluation of the program to determine its effectiveness and impacts at three sites: Fort Worth, TX; San Antonio, TX; and Santa Ana, CA. These sites were selected to represent the different implementation types. All of these programs served predominantly Hispanic communities. About 300 parents participated in the evaluation. The study included surveys and focus groups with parent participants and focus groups with program providers.

SELECTED FINDINGS

Parents considered Raising Highly Capable Kids™ to be a high-quality parent program. On both surveys and in focus groups, parents rated the program as highly informative and enjoyable and would recommend the program to a friend. Parents particularly saw the value of promoting commitment to learning, promoting positive values through communication and modeling, and understanding the importance of having neighbors and other adults in their children’s lives who care about them. Parents increased their knowledge and skill level of all eight asset categories, as shown in the graph below.



Children whose parents participated in the program were observed by their parents to have changed and acquired assets as a result of parents changing their behaviors. Parents reported their children used time more constructively, were more motivated to learn, had stronger positive values, learned to plan ahead, felt better prepared to resist peer pressure, and assumed a more positive identity.